

Spiritual Progress Through Tarot

How To Tune In With Our Mastery

Created By: Josh Yates
Created Date: June 03, 2024
Acknowledgments: The life of Paul Foster Case from 1884 to 1954.
The life of Ann Davies from 1912 to 1975.

For example, in a society we have crimes and illegal elements known as drugs.

Let us remember that we do not have to go about suspiciously as much as before because we have the police to be suspicious for us for those who break the societal laws.

There is still barbarism and wildness that exist in our modern societies, but we also need to know that we have been able to learn how to check certain expressions of this wildness because of the rules of society which are also part of the patterns we have created as a whole.

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How to tune in with our Mastery.

***** 02 *****

Previously, we spoke about the more we can develop proper habit patterns, the more attention is freed to handle and direct ourselves in terms of these habit patterns in more creative ways.

We analyzed the essence that is involved in habit patterns and how various habit patterns were formed in early stages of our evolution as a race and individuals.

We discussed how habit patterns were formed for the need of survival and to make it necessary for us to develop the habit pattern of being suspicious of everybody.

Otherwise, how were we going to develop our intellect, our awareness, our sharpness and it was with all the wild and dangerous things that existed.

We faced problems so that we sharpen our mind and develop this mentality as a whole.

As we developed the habit patterns in relation to certain parts of survival or accomplishment, creative or not creative, the fact remains that the habit pattern is there to serve evolution.

Habit patterns are to serve life to the degree that attention from a higher source pushes evolution which was able to bring about a new habit pattern.

To the degree that a firmly induced habit pattern was made possible for various organic functions to become more complex from the previous attention that was provided by the source of consciousness within us and in connection with universal source.

Through this process of evolution, we developed an ability to keep an awareness of unity with the appearance of separation that are the complexity of expressions from our Higher Source.

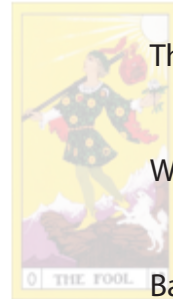
This allows us to not think about a beating heart or the digesting of food while being at one with mother nature.

We need to remember that our bodies are organized and created from the elements of mother nature on this planet.

Through meditation, which is an extension of concentration and attention, we learned to hold certain images that made deep enough grooves in our awareness that is not physical and more etheric level of consciousness.

With the habit patterns we as a whole have formed and should have outgrown, we are in a position at this stage of our evolution of being in an extraordinary type of conflict.

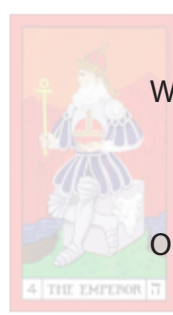
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The moment we are born, our parents and society begin to provide certain patterns for us.

We begin to develop habit patterns that are passed on to us in order for us to function properly in a social unit.

Based on our evolutionary level when we incarnate, we will determine how well we accept these patterns and in what way we accept them.



We all carry our unique vibration which contributes to our collective consciousness and to our planet, which has its own range of vibration.

Our need to rebel in an area after we are born as a human being where many problems may exist can be good if we learn how to rebel constructively, rather than destructively.



We do not lose any of the energies, including the wild ones, that served us for survival during different human eras of evolution.

We have to learn to use these energies for constructive purposes.

Tarot can provide constructive methods for our consciousness growth and guide us on how to use these energies which we all have within us.



Tarot has symbolism that speaks to our subconsciousness through pictorial images, but many of us are unable to receive the impact or realization of the real essence because of certain habit patterns that prevents us from being willing to do the work.

We have to work with Tarot as a new habit pattern just as a pianist works with the keys of a piano.

The pianist initially aspires to learn the methods and practices with a willingness and determination until their subconsciousness records the patterns of movement with their fingers, reading the music notes, and hearing the music.

The pianist eventually reaches the point in their training from their hard work a habit pattern that has the magical formula of creating music with the piano.



The same concept applies with Tarot.

The magical formula will not automatically be accepted by our subconsciousness due to habit patterns that no longer serve us.

We have to do the work and be willing, determined, to study, meditate and concentrate on the goal of extracting the real essence from Tarot.

Until we achieve a level of awareness for Tarot, we will not be able to do anything with it.

There is no secret being withheld from any of us.

***** 04 *****

We have to let go of habit patterns that are blocking us from reaching the level of awareness so that we have the eyes to see and the ears to hear the principles of consciousness within Tarot.

The same applies for the Qabalah Tree of Life which is a glyph presented to our consciousness as a meditational symbol in order to guide the whole awareness within us to grow by studying the 32 Paths of Wisdom.

We travel from the bottom most emanation of the Tree of Life from within our Creator and we can travel up the tree with our consciousness along the Paths to the higher levels of our own awareness.

When we travel up the Paths on the Tree of Life, we develop higher states of consciousness in various ways.

But, we have to do the work which begins with the willingness and determination to apply the methods that has worked for Qabalists who have shared their experience of gained individualization of themselves with higher states of consciousness.

With our reactions to cosmic awareness and experience that will come with Tarot and Qabalah Tree of Life, the repetitions we develop of studying the pictorial images and symbolism will become strong images that our subconsciousness will take hold of within our memory.

But, we have to do the work.

We have to do our part with Tarot and Qabalah Tree of Life.

There is no magic pill for us to instantly have Cosmic Consciousness.

We have to experience a spiritual unfoldment in order to have the awareness of Cosmic Consciousness, which is Key 21, The World.

We need to remember that a habit pattern is something that we receive from constant repetition.

We need to develop different types of habit patterns to burn out those patterns within ourselves which we have outgrown as evolving souls.

With the same energy that created previous habit patterns, we replace our patterns in our consciousness with types of patterns that will make us responsive to the ideas, thoughts, actions, and reactions to higher states of awareness and the development of a stronger sense of control.

We begin to think of everything as an aspect of the Universal One.

We begin to aim towards our Mastery instead of missing the mark.

Our Mastery is really just a graded hierarchy within consciousness because we all are within the Universal One.

We all are within the Absolute.

We all are within the One Infinite Creator.

We all come from the Unmanifest and experience the Manifest.

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There are no separations, just different degrees of consciousness within the Universal One.

We are all extensions of a Higher Mind.

I use the adjective "Higher" loosely because our brain which interprets for our consciousness within this density of vibration justifies reality to a lower degree of interpretations.

We have used the labels such as Lower Self and Higher Self which could be interpreted as the Personality and the Individuality.

Our soul and true Beingness interprets groups of sensations through the Personality and has inter-relationships that exists to give experiences on different levels.

This means our vibration which we carry and frequencies which we transmit will align with a match from what appears outside of us.

These different levels are related to our Mastery of which we can subjectively experience with our consciousness as mystical awareness.

For example, if we transmit frequencies of hatred then the energy will be released and attempt to impact a match of another vibration which is transmitting hatred also.

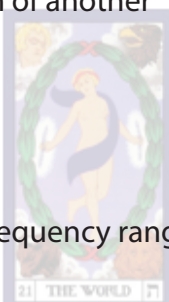
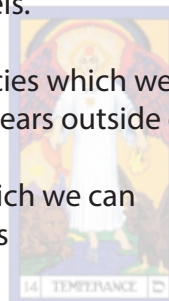
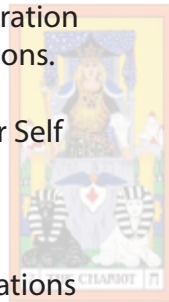
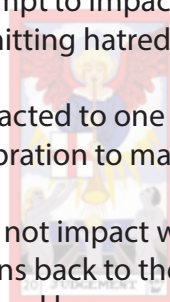
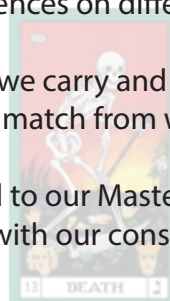
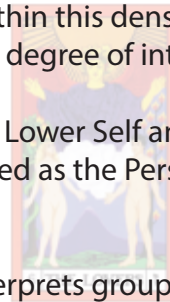
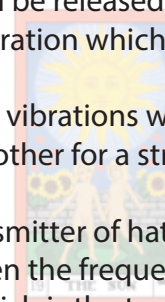
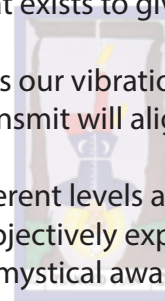
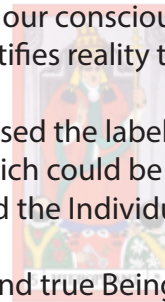
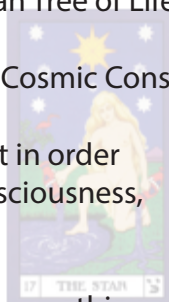
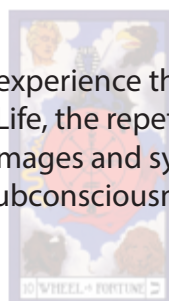
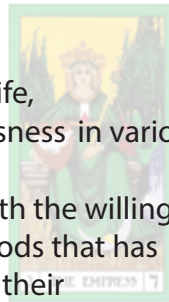
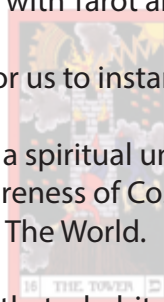
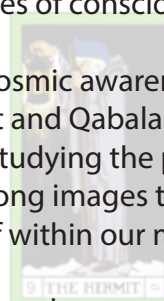
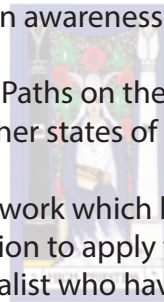
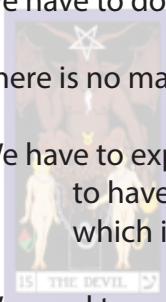
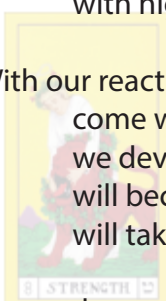
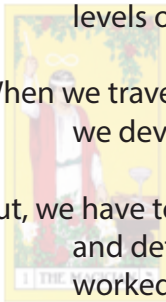
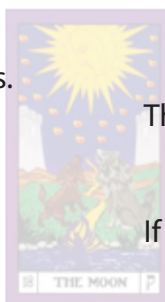
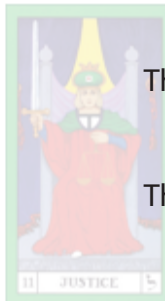
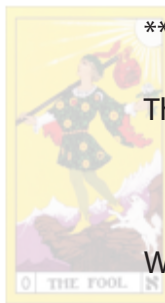
These two vibrations will be attracted to one another for a stronger vibration to manifest.

If the transmitter of hatred does not impact with its frequency range, then the frequency returns back to the source, which is the transmitter, and becomes stronger for the next transmission.

This is Cosmic Law.

The example of hatred can be replaced with any frequency of transmission such as joy.

How would someone who transmits hatred be able to start transmitting joy?



The person would need to identify within themselves the beliefs and ideas that have been collected within their life experiences which produces habit patterns and degrees of hatred.

At one phase in their development, they were in a state of suggestibility within the influences of their environment.

Conditions were enforced and accepted by the subconsciousness of this person which inevitably led them down to a path of self destruction.

Let us remember that mistakes do not exist for the power of the Universal One of our Higher Source will guide us with corrections.

The corrections are so small and incremental that our experiences seem like mistakes but ultimately we are being guided back to our Remembrance of who we are.

This appears as duality, but is not.

This is a range of polarity we have all traveled together.

How can any of us experience joy unless we have experienced hatred?

With Key 16, The Tower, the symbolism has deep meaning and attributions that references Grace and Sin.

To Sin is to learn.

When we explore the degrees of polarity that involve the opposite of Grace, we eventually are stuck down by our Higher Mind.

Our sinful bodies and consciousness fall back to the point of return so that we can make the choice to experience Grace.

We all explored this frequency range of Sin so that we could have the experience and then have the knowing of return to Grace.

When we use the symbolic imagery of Tarot and the Qabalah Tree of Life as a focal point of concentration, we will tune in with our Mastery.

Our Mastery is already established.

We are multi-dimensional beings which means we can tune in with those aspects of ourself that is already further along on the Path of Return.

We can call the multi-dimensional aspects of ourselves many names such as the Masters of Wisdom, the Masters of Compassion, the Masters of Understanding, because what appears as another form of Mastery is really our Mastery.

The higher degrees of consciousness is a hierarchical grade which our One Creator is exploring itself.

We are the extensions of the One Infinite Creator's mind.

This means we can tune in to our Mastery which is guiding us, but only those of us who tune in with the matching frequency.

How do we tune in with our Mastery?

Again, we can use the symbolic imagery of Tarot and the Qabalah Tree of Life.

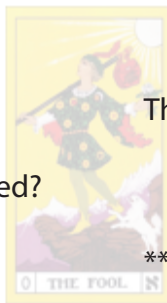
But also, let us remember that we all will become Masters of Consciousness whereas there are many different methods for the Path of Return to our Source, which is the One Infinite Creator.

None of us are more special than the other, hence that would imply separation which does not exist within the One Mind.

We play out the appearance of separation in order to learn the principles of consciousness through experiences and eventually begin to remember our unity.

We reach a point of willingness and discipline during our concentration with Tarot to where we reiterate over and over the patterns and symbols that speak to our subconsciousness.

This will open us up to the ability to reach a level that projects and is receptive to universal symbols of consciousness in all moments.



***** 07 *****

Why can we not reach higher awareness with our word or our languages?

Because our language is full of conditioned habit patterns.

We all react different with words, and some words have carried such power though Humanity that we experience emotions of different degrees such as insults, jealousy, insecurity, fear, but also joy, happiness, and love.

Words are fleeting and the significance of traits are stretched around many other areas of expressions that vary in definition between us all within Humanity.

Key 16, The Tower, is a symbolic representation of The Tower of Babel.

This tower was built by word of mouth and is false.

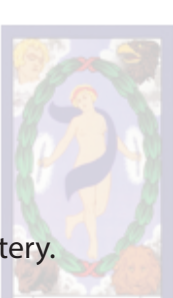
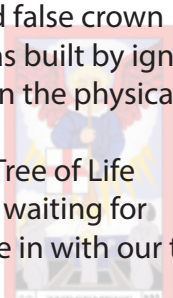
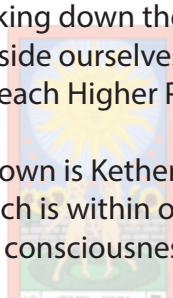
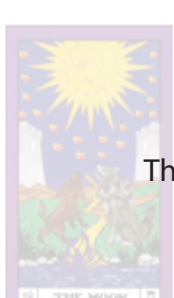
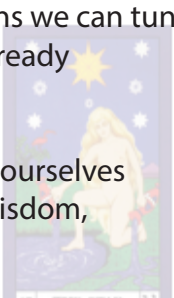
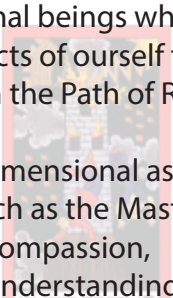
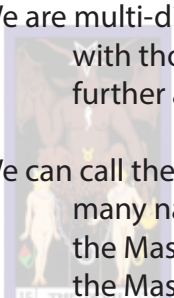
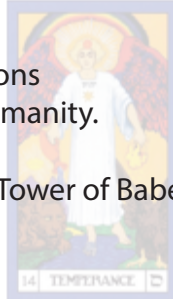
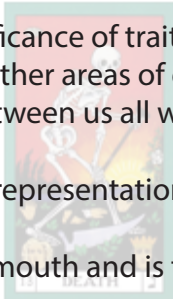
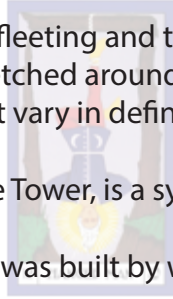
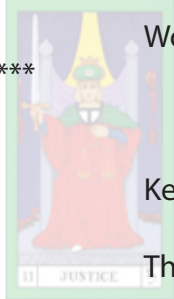
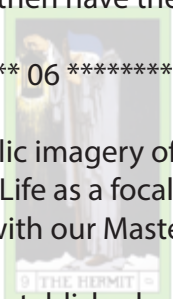
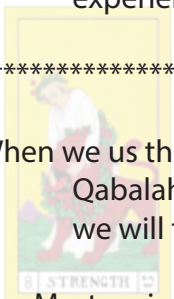
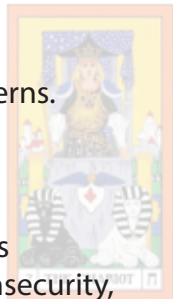
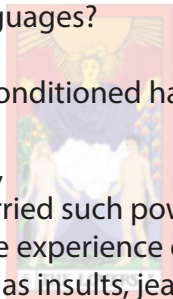
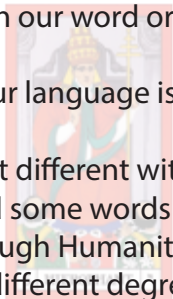
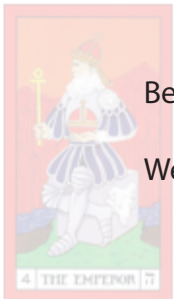
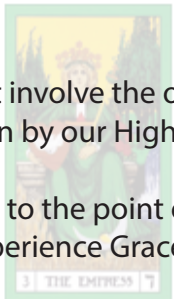
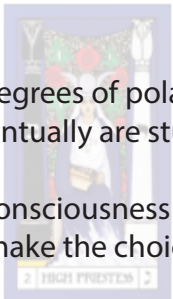
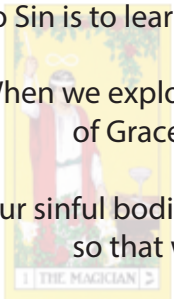
The Lightning Bolt is symbolic for our Higher Intelligences striking down the created false crown outside ourselves that was built by ignorance to reach Higher Powers on the physical plane.

The true crown is Kether on the Tree of Life which is within ourselves waiting for our consciousness to tune in with our true Mastery.

We must learn to transmute language into universal symbols.

Universal symbols of consciousness hold principles that do not budge which implies that in order to reach higher awareness, we need to focus our attention on Universal Laws.

But until we recognize the fact that we have habit patterns that are in response to our insecurities, fears, or power complexes such as trying to control others, or other unstable expressions that keeps us from looking to within our own hearts, and to face the shadows we have created and chased within our life.



We must take a good look at ourselves!

We must learn not to blame anyone or anything outside ourselves.

We must come to terms that if we are unhappy, or bored, or depressed, or inviting failure into our daily life, these are habit patterns.

How do we get rid of habit patterns?

We cannot run from them, but we can change them.

How do we change habit patterns?

We have to go to them, which means we must identify the habit patterns and then transmute the habit patterns in a way that we will not get caught in the same traps as before.

***** 08 *****

The elements involved with Tarot and Qabalah Tree of Life have been used by the Mastery of ourselves of who we call Adepts or Higher Grades or Those Who Came Before Us, for thousands of years in order for their projection of their knowing of their reality to be received from Humanity.

We leave remnants of Truth behind for our otherselves to discover along their Path of Return.

Their knowing of what is real, what is not real, their ability to differentiate between illusion and delusion.

Their ability to know the difference between personality and soul, or what we call lower mind and higher mind, lower mental states and higher mental states.

The elements of Tarot and Qabalah are known from experience through the evolution of Humanity because consciousness has reached a point where if we are willing to let go of all the habit patterns that prevents us to see and hear the knowings that aim at principles of consciousness, then those elements of Tarot and Qabalah will embed themselves within us.

Our cellular memory will lock into the principles of consciousness when we begin to do the work and train our mind with the types of suggestions we impact our subconsciousness.

We can train our mind to tune ourselves into the Mastery of ourselves by doing the work of experimentation with the elements of Tarot.

This means by using the symbolic representations that have the principles of consciousness within them, we must be willing to reiterate and study the symbols of Tarot, to become familiar with the positive images that will replace the negative images.

The negative images are habit patterns which we have created that no longer serve our consciousness growth.

The influx of receiving the gathered force and energies through our concentration on Tarot will guide us from our lower mental states to our higher mental states.

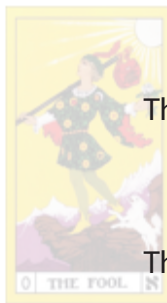
The 22 Major Tarot Keys are 22 pictorial symbolic statements of principles of consciousness.

The Qabalah Tree of Life has 10 Spheres or 10 Emanations of the One Creator which are the expressions of the outer manifestations of the inner principles with Tarot.

The Tree of Life has four planes from the abstract, which are the Archetypal, Creational, Formative, and Astral.

As we travel through our identifications of the lower mental states and our higher mental states which is from the Astral to the Archetypal, we use Tarot and the Tree of Life for our consciousness to grab hold of the imagery.

We must remember that our physical form does not go anywhere once we begin to become receptive to our higher mental states, the higher planes, the tuning in with our Mastery, but instead we have a different way of reacting because our consciousness is filled with new ideas that exist in our higher states of being.



These new ideas will replace the previous habit patterns of reactions that no longer serve us, unless we choose to react in those ways as before.

Those reactions will no longer be automatic.

We will have more self control of our power of choice.

We will have reached a high degree of liberation.

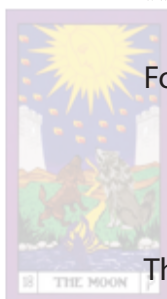


The major discerning factor is now we know from our personal growth and experience from within our life of the work that we experimented on with ourselves is by paying attention to ourselves.

When we begin to pay attention to our habit patters and reactions and have the willingness to analyze our thoughts, emotions, and actions to the degree of improvement of our consciousness, then we inevitably become receptive to the methods presented through Tarot which contain principles of consciousness.

Tarot will provide the methods through symbol which we can use to expedite the process of our consciousness growth if we are willing to do the work.

***** 09 *****



For instance, if we fill our consciousness with Key 1, The Magician, which is the state of attention, the power of concentration, this means we are keeping ourself focused in order to receive all our impressions intensively, fully, and completely.

The magic wand that the Magician is holding speaks symbolically to our subconsciousness, even if our conscious mind does not know it.

But when we train our conscious mind to know, then the force becomes more potent.

We are adding force upon force, which we are suggesting to our subconsciousness that we have the ability to concentrate.

We have the ability to maintain the power of attention with our conscious mind.



The Magician is holding up the magic wand with his right hand.

If we visualize our body and back into the Qabalah Tree of Life, our right hand or right side of our body is symbolic for negative polarity.

This is the feminine aspect.

This is the receiving and accepting of forces.

With the right hand holding the magic wand, the Magician is receiving the forces from above and beyond himself.

The Magician knows he is a channel for the consciousness that is coming from above and through him.

The infinity symbol above his head confirms that he knows he is a channel for consciousness from above.

He knows that the infinite of everything is also the eternal part of himself.

His act of attention is so focused that with his left hand, he points down to the garden.

The left hand or left side of our body after we back into the Tree of Life is the positive polarity.

This is the masculine aspect.

This is the projecting and transmission of forces.

What does the garden symbolize?

The garden is our subconsciousness.

Within the garden are red roses that symbolize desire.

The white lilies symbolize knowledge.

We have the power to dictate what our subconsciousness receives from the act of attention in and through the ability to focus down on ourselves.

We have the power to interchange our desires and knowledge through the act of attention.

This is a great power, the power of attention, the power of concentration, the power of focus.

They all mean the same thing, but why is this such a great power.

It is because we can take our desires, emotions, and knowledge then alchemize them together which becomes our wisdom.

***** 10 *****

We must remember that Wisdom has different degrees of consciousness.

Even within the lower mind aspects, there are higher degrees of understandings that are wisdom.

Our previous low was once our highest peak.

This is clearly shown in Key 0, The Fool, who stands at the edge of a cliff on a high mountain.

But within the background are higher mountains for us to eventually strive for another degree of attainment within our consciousness.

With Key 1, The Magician, let us remember that the symbolic imagery is clearly demonstrating that what we pay attention to, what we let into our consciousness, is what we will become.

All 22 Keys of the Major Arcana will guide us on how to un-become in what we believed was right and wrong, the un-becoming of all that is not in terms of reality, the un-becoming of all that is not in accordance with reality.

But, we have to be willing to let go of all the nonsense knowing that which comes from the illusion and delusion of our past.

We have to allow ourselves to become familiar with the 22 Keys of Major Arcana which will guide us to remove those non-sensical imprints within our subconsciousness, from our delusional past that has caused habit patterns which are no longer serving us.

New ideas, new habit patterns, new realities will bring forth Understanding and Wisdom from the Highest Kind of Knowing that is all available right now.

But we have to be willing to work with Tarot and invite in the images that will make an impact upon our subconsciousness.

The more we work with Tarot Keys, the more forceful the impact.

When we are willing to work with Tarot, we will become receptive and allow this power to flow through us in a way that our conscious mind can clearly interpret the patterns which eventually will result into a virtuous life from within ourselves that will radiate and be projected outward into the world.

We can tune into the consciousness of our Mastery by learning how to hold the images of Tarot in and through which they express and manifest.

When we are in contact with our Mastery, these channels become osmosis.

Osmosis is growth.

All of evolution is actually a process of osmosis.

Osmosis is a matter of absorption.

We can absorb from the negative of hate, or we can absorb from the positive of love.

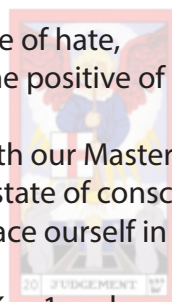
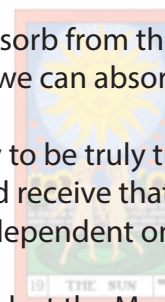
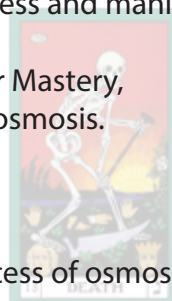
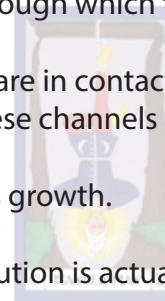
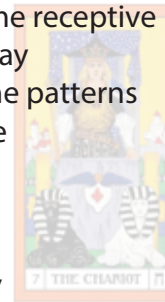
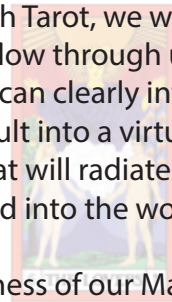
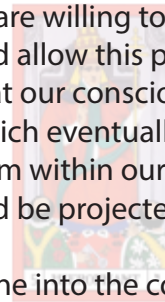
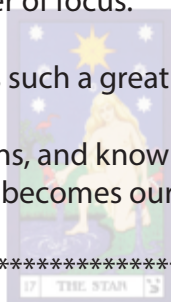
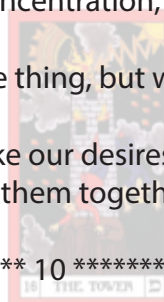
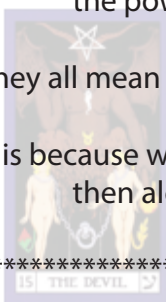
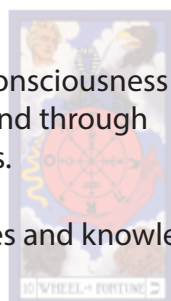
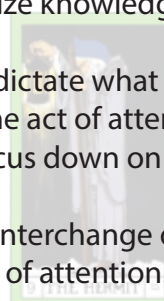
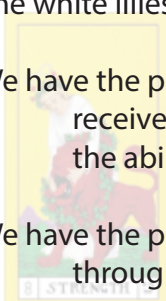
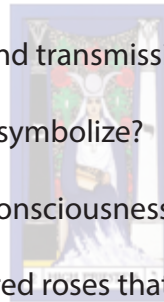
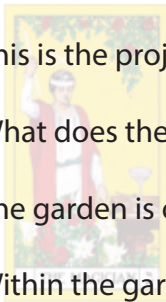
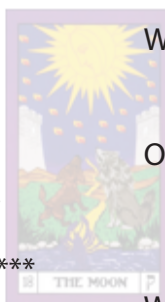
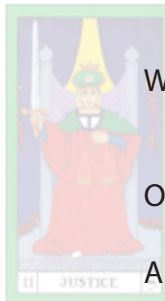
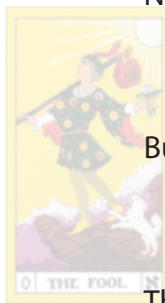
Our ability to be truly tune in with our Mastery and receive that type of state of consciousness is dependent on us to place ourself in that position.

We can look at the Magician of Key 1 and see the situation or position that is necessary for us to concentrate and continue to concentrate.

We all are destined to receive the consciousness of the Mastery.

The moment we reach the state of capacity that is the vibrational level, we automatically start to express this desire to tune into with our Mastery.

This is Cosmic Law.



We are being grown toward our own Higher Soul which is indefinitely in contact with that Hierarchy of Masters that has evolved to a state beyond the average consciousness because our Higher Soul knows the Laws of Consciousness.

If we can remember that our Higher Soul is always there and to the degree that we are happy, and we are teaching ourselves, and we are training ourselves, and be willing to let go of anything we think we have known, the impact of the Higher Knowing will permeate us drop by drop.

If we can continue to reach with love and reach with spirit to that which is beyond, and to learn and express at all times the ideas, teachings, and messages of the Tarot Keys, then we will tune in with our Mastery.

We need to remember that the messages are not in forms of words because the highest messages do not have words.

Words create different reactions between people.

The teachings from our Higher Soul come in symbol and is correlated with a direct act of knowing.

This direct act of knowing is how we really get plugged into a level of broadcast that fills us more and more of the powers from that level of higher knowing.

The broadcast will fill us with more and more control because the powers help us have the ability and capacity to express outwardly the higher knowings.

We train our consciousness with Tarot and Qabalah to hold on to the patterns that were given to us by the Adepts, Those Who Have Come Before Us.

We become a neutral receiving station.

We tune into each other, and support each other, love each other, in a back and forth flow, because our minds and hearts are lifted and working with the symbols of Tarot.

We work together through the mutual reach to the symbols of the higher level.

We remain willing to keep plugging into the Tarot symbols and use them to re-train our whole consciousness and open our channel.

Our consciousness will know that every breath we take will be the breath of our One Infinite Creator because we were willing to retrain our consciousness to reach the consciousness of our Mastery.

